

City Year UK Together we give for #GivingTuesday

GI**≫ING** TUESDAY Nov 28, 2023

Together we give for #GivingTuesday

City Year UK is a youth and education charity which empowers diverse 18 to 25-year-olds to tackle educational inequality through a year of full-time volunteering in schools.

Our City Year Mentors are at the heart of what we do. They each give 128 hours per month in school to support the pupils who need help most.



Why support City Year UK this Giving Tuesday?

Giving Tuesday is a day where everyone, everywhere can do something to support the good causes that mean so much to them. This year's theme is 'Together we give' – where everyone can show the importance of collective action. Learn more at <u>cityyear.org.uk/giving-tuesday</u>



Holistic impact in schools

Our volunteers have a holistic impact in schools; they are trained and supported to inspire, mentor and tutor children of all ages to overcome social, emotional and academic barriers to learning and, by realising pupils' potential, realise their own.

Often volunteering in their own communities, our young adults gain real world experience and over 170 hours of dedicated leadership and development training. They leave with standout skills and new networks that set them up for any career.



It is because our mentors 'see' the pupils they support and pupils 'see' their mentors that both can achieve their potential.





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Ways to get involved



Share your support on social media on Giving Tuesday and throughout December

Share your support on social media by reposting our content, tagging us @CityYearUK, @GivingTuesdayUK and using the hashtag #GivingTuesday.

Follow us on <u>X / Twitter</u> See our stories on <u>Instagram</u> Share with your networks on <u>LinkedIN</u>



Make a donation to support the training of our volunteers and the delivery of our social, emotional and academic coaching and near-peer mentoring programme in schools.

Scan QR code to make a donation.







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Get inspired

Read some of our inspirational volunteer stories to see WHY we're committed to investing in our community of diverse young adults who give a year to tackling educational inequality through full-time volunteering in schools.



Mushtaq City Year Mentor London, 2022-23 It has been a stimulating responsibility to serve as a City Year mentor in London. It has taught me a lot and pushed me outside of bounds I never knew I had. Throughout my journey, I have consistently recognised my role and the significance of acting as a mentor. Consistency is important, and many of my mentees depend on my presence at school, I've seen. It has shown me the value of being present for both developmental and interpersonal reasons."

"Being a City Year mentor also means having a voice that matters. By allowing students to understand teachers' requirements and vice versa, you assist in closing the communication gap between them. Additionally, you serve as a mentor for your coworkers by offering them advice and being honest with them."

"The numerous opportunities I have been given have made my experience as a City Year Mentor so far enlightening. My Red Talk was one of the opportunities. It gave me the chance to talk about a subject I'm passionate about and encourage my fellow mentors to pursue writing. This gave me a new opportunity to continue giving speeches in front of groups, and that opportunity was the City Year Town Hall.

"I was able to write a poem in honour of International Women's Day. This forced me to have more self-confidence in myself and my abilities because it was in front of the entire City Year UK. I find that speaking in front of an audience improves my capacity to express myself while also improving my ability to communicate effectively."

See more stories at cityyear.org.uk.

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When I signed up to City Year I never ever thought I'd be the one telling my story. I cried a river at the ceremony when we were given our red jackets simply because the opportunity to serve has been one of my biggest achievements to date."

> "City Year has given me the opportunity to bridge the gap between education inequality by supporting the most vulnerable young individuals. The individuals who 'just get by', often being labelled, the individuals who have the opportunity to turn it all around but just need some support. It's all about changing lives, making a difference and equipping young people with the skills they need for their future. Being a part of City Year has been incredibly fulfilling and I am proud and honoured to go into school everyday and see the young people smiling."



Kanesha City Year Mentor West Midlands, 2021-22

"It's the little interactions, just like tying a pupil's shoelaces that have the most impact and it's a privilege to be able to give a year. I believe schools are the hub of the community and City Year is the heart of the schools."



Neil City Year Mentor London, 2021-22

I saw that young people struggle to articulate their feelings and express emotions with ease. It's become particularly striking in the context of the pandemic and lockdowns. Students at my school found themselves in serious trouble for not reacting to staff in the best way, whether it was verbally or even physically, leading to repeated sanctions. What I gathered, was that young people have difficulty communicating their emotions, to the point where they either bottle it all up and allow it to damage their mental health or act out every time."

"Bearing this in mind, I came up with the idea of creating a rap club that many of my mentees had a shared interest in; a safe space for students to tell their own stories and express themselves in a creative manner, away from school pressures."

"I wish to take this club to new heights and to create my own educational programme in the future that can function both as a career path in the music industry, as well as a safe space to mentor the youth that wish to take part and to help them achieve their full potential."

See more stories at cityyear.org.uk.





City Year offered me the chance to grow, both personally and professionally, and it was clear from my first interview that they were willing to invest in my development as a leader. This was exactly what I wanted: to develop more well-rounded skills, and build my confidence and initiative."

See more stories at cityyear.org.uk.

Hope City Year Mentor & School Service Leader Greater Manchester, 2022-23



"This is probably the best progress evening MW has ever had. All the teachers have said that he is doing so much better and his behaviour has massively improved. He absolutely worships his City Year Mentor and is always singing your praises."

- Parent comment





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Without the generosity of supporters like you, there would be no young people giving vital help to pupils in school, and no skills and careers development for our inspirational volunteers.

Since 2009, City Year UK has trained and supported over 1,500 young adults* to coach and mentor over 15,000 pupils furthest from opportunity and contributed to a positive school culture for over 100,000 children.

*Over 90% of our volunteers move into higher education, employment or training within three months of completing their City Year.

But there are still too many children who need what our volunteers have to give. Our ability to place more City Year Mentors in more schools and contribute to the development of more young people relies on every little donation.



We are grateful for any donation you'd like to make. THANK YOU.





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The difference your support makes:



THANK YOU for your support! <u>cityyear.org.uk/giving-tuesday</u>



/cityyearuk <u>cityyear.org.uk/get-involved</u> <u>development@cityyear.org.uk</u>

City Year UK is a registered charity (1131350) and company registered in England and Wales (06965846).

